



## DEVELOPMENTAL MILESTONE CHART

### One Month

- "Watches" objects
- Raises head slightly when laying on stomach

### Three Months

- Follows movements with eyes
- Recognizes familiar people

### Six Months

- Sits with minimal support
- Transfers objects from hand to hand

### One Year

- Walks independently or with little support
- Says 2-3 words

### Two Years

- Turns pages in a book
- Can kick a large ball
- Vocabulary of 50+ words

### Three Years

- Verbalizes toileting needs
- Uses 2-4 word phrases
- Opens doors

*For a comprehensive list, please visit [CapabilityHealth.org](http://CapabilityHealth.org)*

Early Intervention evaluations are always free and can take place in the safety and security of our center or in the child's home through a virtual visit. No pediatrician referral needed. If your child is struggling to meet developmental milestones, call us today.